Knowing Your Risk Factor Can Save Your Life!

With accurate information given to you through CMB Laboratory's Optimal Health Panels, you can make educated decisions with your physician that can help you reduce your risk of chronic disease.

How Do I Know I'm At Risk FOR CHRONIC DISEASE?

The Key To Optimal Health Is Knowing What Is Going On Inside Your Body

For more information on getting your Optimal Health Panel done at CMB Laboratory, please contact us at 7l4.769.6673



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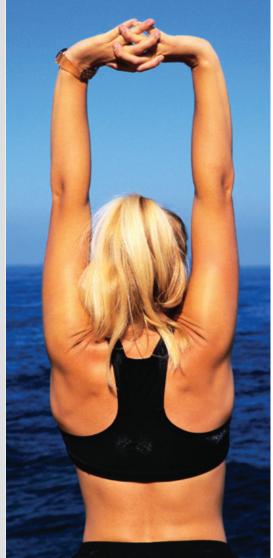
Lab Tests Are Among The Most Accurate Means To Assess Your True Health Status. Health is NOT the absence of symptoms – it is the absence of disease.

Many chronic diseases have few symptoms until they become serious resulting in death. An example is heart disease, which is the leading cause of death among men and women. By the time the symptoms are manifested, the disease has progressed to the point where it is far more difficult and expensive to treat.

The Benefits of Optimal Health Panels!

Optimal Health Panels are affordable blood tests that can help identify deficiencies that could lead to chronic disease.

Starting with a baseline, you can improve the state of your health by making healthy lifestyle changes, with the possibility of reducing your risk of chronic disease.



Laboratory Tests Can Help Determine Your Health Status

As people age, they have less energy, their hormone levels change, and they have a tendancy to gain weight. These are all factors that cause people to decrease their ability to stay healthy.

We are living longer and longer and with today's medical advances, many adults will live well into their 90's. Living longer does not mean living better. Research shows that laboratory tests can help with early detection, prevention, and the treatment of age-related chronic diseases.

Proper diet, exercise, adequate sleep and nutritional supplementation are associated with reduced risk of chronic disease and a helathier aging process.

CMB Laboratory's Optimal Health Panels help patients indentify possible chronic disease while in the early stages.

Do you know your risk for Coronary Artery Disease?

Studies show heart disease is the #1 cause of death in men and women.

The new Oxidized LDL Test is now available at CMB Laboratory. It is the most predictive blood test for Coronary Artery Disease. It can identify more patients with CAD than any other currently available blood test.



CMB Laboratory offers customized health panels to measure your health status.

- Basic Health Panel
- Female Health Panel
- Male Health Panel
- Highly Predictive (HP) Coronary Risk Panel Includes: Oxidized LDL to HDL ratio
- Weight Loss Panel



Call a CMB advisor at 714.769.6673 or go to www.cmblabs.com/optimalhealth for more information